



LIFE COUNSELING CENTER MINISTRIES

Providing biblical counseling that is relationship based, Gospel centered, and clinically informed.

PRAYER MATTERS

We greatly value your prayers. Please join us in prayer for:

Transitions: We said goodbye to Jess Shen in March. She is loved by all and will be missed. Pray for this time of transition for all involved especially the young counselees who will be starting with a new-to-them counselor.

Board Meeting: Please pray for our board as they meet this May to plan for the coming year.

Donor support: Late winter can bring a decline in giving and we certainly saw this in the past few months. Pray for the Lord to provide the much needed monthly financial support. If you would like to support the ministry you can send a gift to the address at the end of this newsletter.

Thank you!

SPRING 2019 UPDATE

Flowers emerge, trees blossom, and grasses green up. What was once seemingly dead and lifeless is enlivened. Spring reminds us of new life, especially our new life in Christ. It is also a time of planting new seeds of ministry at the Life Counseling Center, humbly relying upon the Lord to cause them to flourish. Here are some of our new seeds:

Group Counseling. Beginning in 2019 we offered two group classes on *Anxiety* and *Lay Counseling Supervision*. Our desire is to continue to offer similar groups around issues of greatest need at reduced cost. Our newest offering is a *Life Skills* group. This group is designed to help you better manage your day-to-day responsibilities and give you support and direction for interpersonal engagement. If interested in joining the *Life Skills* group, contact lccadmin@chapelgate.org.

Free Workshops. In February, we launched our “*Let’s Talk About....*” series of conversations at Chapelgate on topics related to mental health and biblical counseling. The schedule for the 2019 workshops can be found on our website here:

<http://lifecounselingcenter.org/events/>

Virtual counseling. Life Counseling Center is expanding its one-on-one counseling to include a web-based option using our secure interface *Zoom*. If you are not local to central Maryland but want to receive biblical counseling from our Christian Counseling & Educational Foundation (CCEF) certificate counselors, we can help.

NEW COUNSELOR

Please welcome Dr. Barry Cureton to our counseling team at Life Counseling Center. With over 25 years of pastoral experience, Barry counsels men, couples and families dealing with a wide range of issues such as addictions, communication and conflict resolution. Barry also does premarital counseling for engaged couples.





WHAT'S AHEAD?

Our next “Let’s Talk About…” talk will take place on June 27th at 6 pm. The topic will be, “*Relationship Help and Communication Skills.*” It will be held in room 108 at Chapelgate Presbyterian Church. All are welcome!

We are hoping to update our waiting area to accommodate the growing numbers of those seeking care. Our plan is to create a new arrangement and additional seating, making it more comfortable for those waiting as well as providing a more useable space for our new groups to meet.

FOR MORE INFORMATION ABOUT ANYTHING SHARED ABOVE PLEASE CALL OR EMAIL.

443-419-3884 LCCADMIN@CHAPELGATE.ORG

“Therefore encourage one another and build one another up, as in fact you are doing.”

1 Thessalonians 5: 11

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